



# 2017 Membership Beach Daily Schedule

	Age 2-3		Age 3-5				Age 6-8					Age 8 & Up				Adults					
10:00	Baby sitting (T - F)		Swim Lessons	Boat Adv.	A&C	Yoga (Tue)	Swim Lessons	Boat Adv.	Games	Nature Nuts	Yoga (Tue)	Swim Lessons	Sail	Archery			Yoga (T, Th)	Zumba (W,F)			
10:15																					
10:30		Tot Time																			
10:45																					
11:00			Swim Lessons	Games	Nature Nuts		Swim Lessons	Canoe	A&C	Archery		Swim Lessons	Sail	Canoe							
11:15																					
11:30																					
11:45																					
12:00	Private	Tiny Bubbles	Private				Private					Private		Games			Private				
12:15																					
12:30								Kayak					Kayak								
12:45																					
1:00			Swim Lessons	Intro to GE			Swim Lessons	Games	Nature			Swim Lessons	Sail	A&C			Tiny Bubbles				
1:15																					
1:30																					
1:45																					
2:00	Games/ Story Time		Swim Lessons	Games/ Story Time	A&C		Swim Lessons	Canoe	GE			Swim Lessons	Sail	Canoe	Archery						
2:15																					
2:30																					
2:45																					
3:00	Private	Baby sitting (M - Th)	Private	Boat Adv.	Yoga (Wed)		Private	Boat Adv.	A&C	Nature Nuts	Yoga (Wed)	Private	Sail	Games	GE (T,Th)	Ropes (M,W,F)	Boot Camp (T, W, Th)	Aqua Aero. (Mon- Thu)			
3:15																					
3:30	Tot Time																				
3:45																					
4:00			Swim Lessons	Nature Nuts	A&C		Swim Lessons	Canoe	Archery			Swim Lessons	Sail	Canoe	Junior LGT (10+ Passed Lvl 6)						
4:15																					
4:30																					
4:45																					
5:00	Baby sitting (for adlt sail)																				
5:15																					
5:30																		Sail (by appt)			
5:45																					

Scheduled Activities run Monday - Friday  
June 26 - Aug 18

## Activity Registration Details

Activity	Restrictions (Age or Skill)	Start Location	How to Register
Arts & Crafts	3 or older	Front of Bulletin Board	No Sign Ups. First Come First Served
Babysitting	Parents must be participating in Hale Program.	Behind Bulletin Board	
Boating Adventures	None	Boating Area	
Children's Yoga	None	Behind Bulletin Board	
Games	None	Front of Bulletin Board	
Kayaking	Passed Deep End Test	Boating Area	
Nature Nuts	None	Bike Rack	
Tot Time	2 - 4 years. Parents must be close by.	Guard Shack	
Swim Lessons	3 years or older	Guard Shack	
Tiny Bubbles	6 months - 2 years. Parents must participate	Guard Shack	
Junior Lifeguard	Passed Level 6	Guard Shack	At the table behind the bulletin board one hour before class start time on day 1 of each session.
Canoeing	Level 3 or Higher, Age 6 or Older	Boating Area	
Sailing	Level 5 or Higher, Age 8 or Older, Sailing Swim Test	Boating Area	
Nature - Floating Classroom	None: Friday will be Floating Classroom	Boating Area	Sign ups go up on the back of the bulletin board, one hour before the program start time
Ropes	8 years old, shoes and shirt required.	Front of Bulletin Board	
Archery	Shoes encouraged	Bike Rack	
Great Explorations	Shoes encouraged	Bike Rack	
Private Swim Lessons	One per child per session	Guard Shack	Sign ups go up on the back of the bulletin board on day one of each session, one hour before program start time
Aqua Jump	Deep End Test	At Aqua Jump	Sign Ups go up on the back of the bulletin board at 9:50, 12:50, 2:50, & 4:50
Adult Yoga	Adult Only	Bulletin Board	No Sign Ups. First Come First Served
Zumba	Adult Only	Bulletin Board	
Aqua Aerobics	Adult Only	First Deep Swim Area	
Bootcamp	Adult Only	Bulletin Board	
Sailing	Adult Only	Boating Area	

By Appointment Only